

Session	Group	Gender	Novice	Name	BW (kg)	Weightclass	Age	Age Class	Lot #	Squat 1	Squat 2	Squat 3	Best Attempt	Bench 1	Bench 2	Bench 3	Best Attempt	Subtotal	Deadlift 1	Deadlift 2	Deadlift 3	Best Attempt	Total	Total Wilks	Ranking	Best Lifters Award	
1	A	F	N	Anju Ogyu	47.3		48	22	J	5	72.5	80	82.5	80	45	50	52.5	50	130	115	125	126	125	255	341.37	1	
1	A	F	Y	Zoe Ngo Yin Chiu	56.9		58	22	J	3	100	107.5	115	115	60	62.5	67.5	67.5	182.5	120	130	142.5	142.5	325	377.65	1	Best Female Open Lifter/ Best Female Junior Lifter/ Best Female Novice Lifter/
1	A	F	Y	Christina Au Yeung	56.5		58	31	O	4	77.5	82.5	87.5	87.5	42.5	45	50	50	137.5	90	100	107.5	107.5	245	286.26	2	
1	A	F	Y	Wendy Du	54.9		58	24	O	6	75	80	85	85	42.5	45	45	45	130	85	90	97.5	97.5	227.5	271.86	3	
1	A	F	Y	Hei Tsang	57.5		58	26	O	2	80	80	80	0	55	57.5	62.5	57.5	57.5	90	95	100	100	157.5	0	(DQ)	
1	A	F	Y	Tania Ng	80.4		84	28	O	8	100	105	112.5	112.5	60	65	70	70	182.5	122.5	130	142.5	142.5	325	296.56	1	
1	B	F	N	Martina Edge	61.6		64	34	O	16	97.5	105	112.5	105	50	55	57.5	55	160	100	110	120	120	280	305.9	1	
1	B	F	Y	Jackie Fields	61		64	33	O	12	85	90	95	95	50	55	57.5	57.5	152.5	90	100	110	110	262.5	288.93	2	
1	B	M	N	Marco Orcino	69		69	24	O	13	200	212.5	220	212.5	125	130	135	130	342.5	235	250	250	235	577.5	437.63	1	Best Male Open Lifter
1	B	M	Y	Dennis Chu	68.2		69	26	O	10	152.5	160	165	165	112.5	117.5	122.5	117.5	282.5	202.5	215	220	215	497.5	380.44	2	
1	B	M	Y	Yat Ming Chau	68.8		69	24	O	14	135	140	150	140	95	105	105	95	235	160	180	200	200	435	330.38	3	
1	B	M	Y	Brendon Lau	66.3		69	20	J	11	132.5	145	145	145	67.5	70	75	70	215	150	165	172.5	165	380	297.27	4	

Session	Group	Gender	Novice	Name	BW (kg)	Weightclass	Age	Age Class	Lot #	Squat 1	Squat 2	Squat 3	Best Attempt	Bench 1	Bench 2	Bench 3	Best Attempt	Subtotal	Deadlift 1	Deadlift 2	Deadlift 3	Best Attempt	Total	Total Wilks	Ranking	Best Lifters Award	
2	A	M	Y	Ka Fung Mak	75.2		77	23	J	5	180	190	200	200	110	115	122.5	115	315	220	235	235	220	535	380.49	1	Best Male Junior Lifter/ Best Male Novice Lifter
2	A	M	N	Anakin Kwok	71.3		77	24	O	9	170	180	185	185	105	110	110	110	295	215	230	230	230	525	387.98	2	
2	A	M	Y	Hey Lok Matthew Tse	74.5		77	26	O	4	155	170	180	180	115	127.5	132.5	132.5	312.5	160	175	185	175	487.5	349	3	
2	A	M	N	Michael Lacson	73.8		77	23	J	2	160	170	182.5	170	77.5	82.5	87.5	87.5	257.5	215	220	225	225	482.5	347.74	4	
2	A	M	N	Aleksi Luis Gouveia Hokkanen	75.2		77	25	O	8	160	175	185	175	110	120	0	110	285	170	180	190	180	465	330.71	5	
2	A	M	N	Kin Wong	72.2		77	36	O	9	132.5	140	142.5	142.5	85	87.5	90	90	232.5	165	175	182.5	182.5	415	303.86	6	
2	A	M	Y	Yi Fan Zeng	75.2		77	23	J	7	140	147.5	152.5	147.5	100	102.5	105	105	252.5	147.5	150	160	160	412.5	293.37	7	
1	B	M	Y	Kenny Wang	69.1		77	41	M 40-44	15	125	130	140	140	105	115	115	105	245	145	155	165	165	410	310.33	8	Best Male Master 40-44 Lifter
2	A	M	Y	Hiu Kwan Chiu	75.3		77	28	O	1	120	130	140	130	85	90	100	90	220	140	142.5	155	155	375	266.48	9	
2	A	M	Y	Michael Wong	74.5		77	17	Y	3	110	112.5	120	120	75	80	82.5	80	200	135	145	150	145	345	246.99	10	Best Male Youth Lifter
2	A	M	Y	Hin Wen Rick Tsang	75.9		77	33	O	6	135	135	145	135	105	105	105	0	135	150	160	165	165	300	0	(DQ)	
2	B	M	N	Joshua Bosman	79.7		85	26	O	15	190	205	212.5	212.5	130	130	137.5	137.5	350	260	280	300	280	630	431.11	1	
2	B	M	N	Roger Tsang	83		85	23	J	17	175	185	190	190	130	135	140	140	330	210	225	235	225	555	370.46	2	
2	B	M	Y	Po Yu Chung	83.5		85	27	O	19	185	195	202.5	202.5	112.5	120	120	112.5	315	205	217.5	225	225	540	359.15	3	
2	B	M	Y	Marcus, Kam Yuen Tang	82.6		85	24	O	18	160	165	172.5	165	105	110	110	105	270	200	215	225	215	485	324.66	4	
2	B	M	N	Cheuk Wa Kwan	91.1		94	22	J	11	200	210	220	220	110	120	130	130	350	210	225	240	240	590	374.36	1	
2	B	M	N	Shiu Ming Fong	91.6		94	22	J	12	200	210	220	220	125	130	135	130	350	210	230	240	240	590	373.35	2	
2	B	M	N	Jia Fook Chang	89.2		94	23	J	13	175	185	195	185	100	105	112.5	112.5	297.5	165	177.5	187.5	187.5	485	311.03	3	
2	B	M	Y	Tat Shing Tang	92.3		94	23	J	14	110	130	140	110	80	90	105	90	200	130	145	180	145	345	217.52	4	
2	A	M	N	Nick Walklet	102.9		105	32	O	10	230	242.5	255	255	180	185	0	185	440	225	235	247.5	235	675	406.28	1	
2	B	M	Y	Michael Mackenzie	111.3		120	33	O	20	190	195	205	195	97.5	102.5	107.5	107.5	302.5	200	207.5	215	215	517.5	303.46	1	